




MAST
 Matoshree Sevadham Arogya Seva Trust
 MAST INDIA NGO
 ANNUAL REPORT 2021-2022

*Happiness comes
 from your action.*



MAST

TABLE OF CONTENTS

FOUNDER'S DESK	3
INTRODUCTION	4
VISION AND MISSION.....	6
AREAS OF INTERVENTION.....	7
ACTIVITIES (PAST ACTIVITIES).....	8
QUANTITATIVE DATA.....	14
KOKAN AND KOLHAPUR FLOOD RELIEF..	15
FUTURE ACTIVITIES	18
LIVELIHOOD PROJECT	36
PARTICIPATIVE VOLUNTEERS.....	37
OUR PARTNERS	38
Our International Partner	39
Our Achievement	40
TESTIMONIALS	41
OUR TEAM	42



FOUNDER'S DESK

*We believe in Humanity,
We help Peoples to live a better life.*



Matoshree Sevadham Arogya Seva Trust

(MAST INDIA NGO)

Since last 19 years **MAST India NGO** has regularly conducted approx. 1500 Medical & Eye checkup camps. More than 1310852 Beneficiaries have been served using camps which is started by MAST NGO.

We bring relief to the people affected during the natural disaster through various means of support and services.

Supporting Schools in the form of study material distribution, set-up of Science Lab, School Toilet construction, benches & educate more than 15000 youth & provide 100 % job placement.

Our belief is firm to make the society a better place for the people and fulfill dream of many lives providing them basic needs.

We urge you to join hands and contribute in whichever terms you can either through participation in our volunteering programs or making a negligent donation. Every penny counts when it is used for a better cause towards children and society in general.

President, Chief Trustee

MAST India NGO.

Amit Shantaram Bane.

INTRODUCTION

Matoshree Sevadham Arogya Seva Trust (MAST India NGO) is an Indian Non-Governmental Organization (NGO), which was founded in the year 2002 with a primary focus on building a healthy society by impacting better education, providing health care, doing relief work whenever required and doing community development, as we believe that everyone has a right to live a Dignified Life.

MAST India, with its dedication and passion for serving the society for the last 19 years, has been able to become one of the leading NGOs in India with an aim to advancing health care, education and livelihood programs. We care hence we are dedicated to the well-being of all humanity. The complete team of **MAST India** is passionate about its goals and collectively we want to serve India's most vulnerable & neglected community. We have a common belief that we can help build a stronger society by being aware of the needs of the society and our responsibilities towards the people who need our attention and care on a priority basis.

- Established on 6th September 2002.
- Registered under Bombay Public Trust Act 1950 (Greater Mumbai) having Reg. No. E- 20817.
- MAST has completed 19 years of successful charity in Education, Grocery Distribution and Health Sector field.
- Conducted Eye and general health check-up camps and distributed spectacles to the poor & needy people.
- The Trust operates in Maharashtra, Karnataka, Kerala & Goa.
- Last 19 years, MAST India has reached out 13, 10,852 people in rural & Urban Area.

MAST operates effectively in the rural & internal regions of Maharashtra, Goa & Karnataka, under the guidance and co-operation of many social and political entities in these urban & rural regions.

Our MAST India NGO Camps



Vision

Immediate help to people below poverty line build advance medical facilities to all poor child.

Empowering women in rural to fly high.

Expanding E-learning for women's in rural areas.

Providing basic necessities in natural disasters.

Mission

To make every infant free of any possible occurring vision impairment or vision loss in future through early detection.

To eradicate cataract impairment

To provide free primary education aid in rural region

To provide infrastructure for basic sanitation in assistance to education facilities to children

To identify and improve public health issues including sanitation

To provide general check-up facility under medical aid to rural public

1. AREAS OF INTERVENTION



- Medical and Eye check- up camps.
- Primary education aid, infrastructure, materials, set up, training.
- Distribution of 2400 Face shields to Essential Service workers.
- E-learning project.
- Provide 1 Month Ration kit to Blind Family.
- National Digital Literacy Mission (NDLM).
- Distribution of Meal.
- Dry Ration Kit Distribution.
- Sanitization of Local Area.
- Providing drinking water at Khed, Ratnagiri District.
- Provide Medicine Kit to Jaitapur & Sangameswar Covid Center.
- Provide Medicine Kit to Devgad Covid Center.
- Provide Medicine Kit to Beed District Covid Center.
- Eye & ENT Screening Camp For Tribal Students & Villagers Jawahar & Mokhada.
- Kokan & Kolhapur Relief.

2. ACTIVITIES

PAST ACTIVITIES

Since last 19 years regularly conducted more than 2500 medical and

Eye-checkup camps. Approximately more than 13, 10,000 peoples have been served in these camps.



1. Sanitization of Local Area of Kanjumarg, Bhandup in May – 2021



2. Providing drinking water for peoples living in 10 Village of Khed, Ratnagiri District in month of May- 2021



3. MAST India NGO Trust had implemented Eye Care Camp for all Categories of People Living at Remote Areas, ZP schools and many other villages of Maharashtra,



3.1. Eye & ENT Screening Camp For Tribal Students & Villagers Jawahar & Mokhada.

January-2021

We served 04 days (23rd Jan–24th Jan & 29th Jan – 30th Jan.) arranged Survey in villages where we did meeting with Pragati Patishthan, Jawhar and Screening Completer to below villages:-Nangarmoda, Morgila, Vanganpada, Pimparpada, Sawatpada, Bhiwaldhar, Radhanagri. Giving Camp dates to all mentioned villages.

February-2021

In the month of February we served 20 days (4th Feb - 24th Feb.) in Nangarmoda, Morgila, Vanganpada, Pimparpada, Tongirpada, Bhiwaldhar, Radhanagari, Shivakurdyachimet, Savatpada, Mohupada, Gavandpada, Nadgemoh, Kurulpada, Z P School Nangarmoda, Z P School Vanganpada, Z P School Pimparpada, Z P School Bhiwaldhar were we did eye screening camp for students and villagers. Out of 721, patients we identified 345 patients for spectacles & 16 patients for critical cases and 56 patients for Catract.

We worked there for 10hrs every day from 9am-6pm. there were 2 optometrist & 4 volunteers working



March-2021

In the month of March we served 13 days (1stMar–13th Mar.) in Nyahale Budruk, MPDJ High School, Z P School Nyahale Budruk, Vadachapada, Vanvasiwere we did eye Screening camp for Students and Villagers. Out of 317, Patients we identified 113 Patients for Spectacles & 06 Patients for critical cases and 20 patients for Cactract. Because of Covid-19 pandemic Villages and Schools are strictly closed for all peoples up to further notice from Government end. Also Restricted for Our Eye Screening (medical) team. We worked there for 10hrs every day from 9am-6pm there were 2 optometrist & 4 Volunteers working.

April-2021 to September-2021

Because of Covid-19 Pandemic, entry for the outsiders in the School and village was strictly restricted by the Villagers, thus we cannot doing screening camp and survey. We follow government rules and regulations regarding Covid-19. Our Project coordinator is regularly in contact with the Principal of Schools and village heads.



October-2021

In the month of October, government gives green signal to open schools and entry in village. On 5th October, 2021 our team takes survey in the six schools and meeting with BAIF for the other school and village list. Our team visit

1. Vatsalya Prathamik Madhyamik Aashram School – Chabake, Talawali, Vikramgad.
2. Adivasi Seva Mandal Shrimati Parvatibai Jasumal Thakur Prathamik Madhyamik Aashram School – Maan, Vikramgad.
3. Kai. Ullhasrav Bhoir Prathamik Madhyamik Aashram School – Vikramgad.
4. Adivasi Seva mandal mahajan guruji Madhyamik ani Ucha Madhyamik Aashram School – Talawada, Vikramgad.
5. Prabha Hira Gandhi Vidyalay – Medha, Jawhar.
6. Meeting with BAIF for the village list for Eye Screening camp.
7. Kalidound Z P School- Kalidound, Jawhar.

From 20th October 2021 to 30th October 2021

We conduct Eye Check-up Camp in ADIWASI SEVA MANDAL, ANUSUYA DEVI TAPARIYA JR COLLEGE - TALWADA, in the camp we had screened 689 patients, out of which 154 having Spectacles and 4 having critical Eye Problem.



November-2021 to February-2022

Because of Covid-19 Third wave, entry for the outsiders in the School and village was again strictly restricted by the Villagers, thus we cannot do screening camp and survey. We follow government rules and regulations regarding Covid-19. Our Project coordinator is regularly in contact with the Principal of Schools and village heads.

March-2022

In the month of March schools are open in full faze, we served 7 days (7th Mar–14th Mar.) in Shreemati Parvati Bai Jusmal Thakur Madhyamik Uccha-Madhyamik Ashramschool – Man, Kai.Ulhasrao Bhoir Madhyamik Uchamadhyamik Ashram School –Vikramgad, Z.P.School – Kalidhond, Prabha Hira Gandhi Vidyalay – Medha,Aadivasi Seva Mandal Aashram School – Aina, Prabha Hira Gandhi Vidyalay –Vadoli, Aashram Shala - Ozar

Total No. Of Students	2749
Total No. of Patients Screened	3567
Total No. of Schools	14
Total Critical Patients	30
Total No. Of Villagers	818
Total No. of Villages	16
Total Cataract Patients	76
Total Spectacles	944



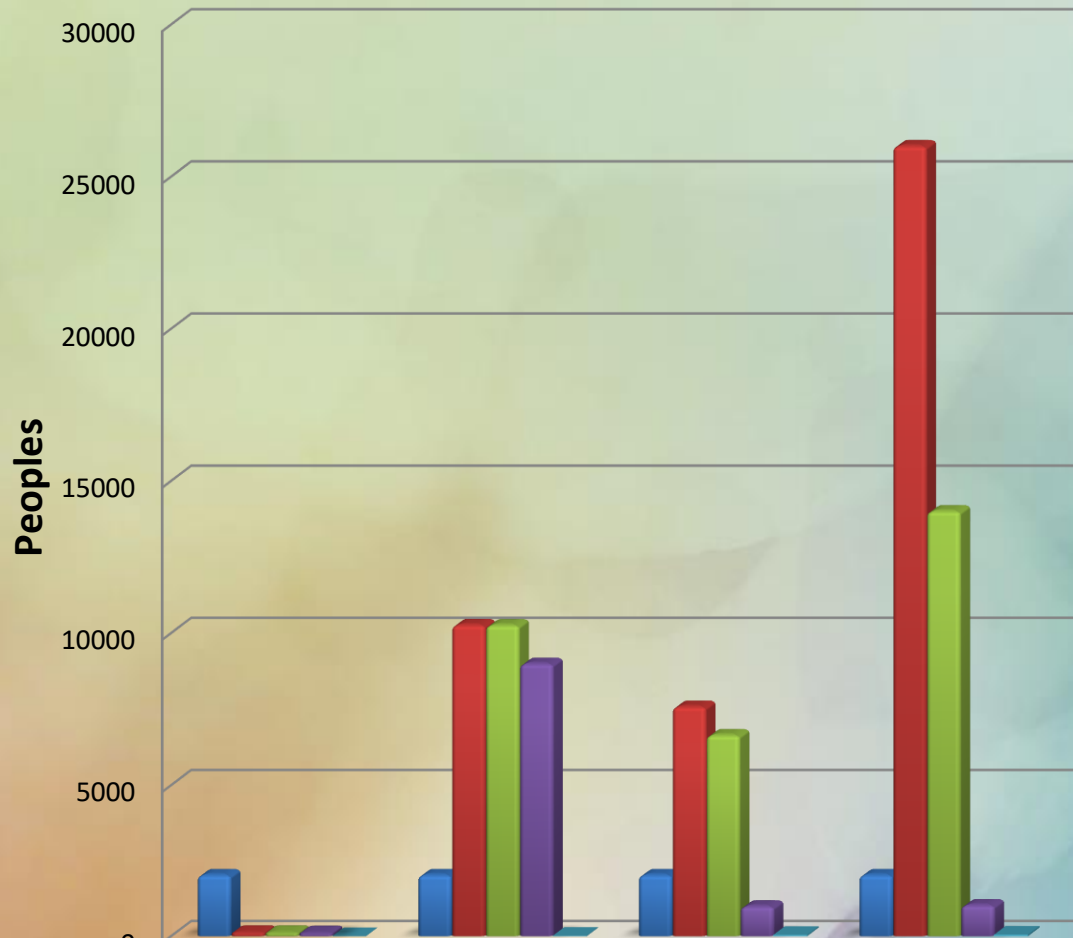
Were we did eye Screening camp for Students. Out of 1840, Patients we identified 332 Patients for Spectacles & 04 Patients for critical cases. We worked there for 10hrs every day from 9am-6pm. There were 4 optometrist & 3 Volunteers working with two team.

3.2. Eye & ENT Screening Camp for Tribal Students and Villagers- Jawhar, Mokhada 2021-2022

Sr No.	Name Of Village/School	Specs Cases	Critical Cases	Catract Patients	Total Patients
1	Nangarmoda	57	4	4	75
2	Morgila	37	1	3	74
3	Vanganpada	21	2	1	34
4	Pmparpada	31	0	1	42
5	Tongir pada				
6	Bhiwaldhar	10	3	3	17
7	Radhanagari	46	1	11	76
8	Shivakurdyachimet	47	2	6	95
9	Savatpada	14	1	1	62
10	Mohupada	25	1	7	37
11	Gawand Pada	24	0	10	57
12	Nadgemoh	8	0	2	21
13	Kurulpada	18	1	7	45
14	Nyahale BK	24	4	7	96
15	Vadacha Pada	20	0	6	20
16	Vanvasi	56	1	7	67
17	Z P School Nangarmoda	1	0	0	32
18	Z P School Vanganpada	0	0	0	15
19	Z P School Pimparpada	3	0	0	16
20	Z P School Bhiwaldhar	1	0	0	23
21	MPDJ High School & Z P School Nyahale Bk	4	0	0	72
22	Z P School Nyahale BK	9	1	0	62
23	Aadivasi Seva Mandal sanchalit shri Mahajan Guruji madhyamik ani uccha madhyamik Aashram School. Talwada- Vikramgad	154	4	0	689
24	Shreemati Parvati Bai Jusmal Thakur Madhyamik Uccha-Madhyamik Ashramschool – Man	140	1	0	527
25	Kai.Ulhasrao Bhoir Madhyamik Uchamadhyamik Ashram School – Vikramgad	49	2	0	335
26	Z.P.School – Kalidhond	38	0	0	285
27	Prabha Hira Gandhi Vidyalay - Medha	14	0	0	67
28	Aadivasi Seva Mandal Aashram School – Aina	25	0	0	231
29	Prabha Hira Gandhi Vidyalay - Vadoli	18	0	0	88
30	Aashram Shala - Ozar	48	1	0	307
	Total	944	30	76	3567

3. QUANTITATIVE DATA:

Eye Care Camp in Maharashtra ,Goa and Karnataka.



Year	2021	2022	2021	2022
Patients Total	120	10260	7576	26000
Patients Checked	120	10254	6640	14000
Spectacles Distributed	104	8987	985	1024
No of Camp	2	12	43	51

4. KOKAN & KOLHAPUR RELIEF. 2021

As we know TORRENTIAL rain has wreaked havoc in Ratnagiri district, with Chiplun city being the worst affected. Hundreds of Chiplun residents were stranded in their homes after the Vashisti river, the lifeline of the city, overflowed. A string of landslides triggered by the rain fury in Konkan has claimed scores of lives. The Panchaganga river touched 55.8 inches at the Rajaram barrage, crossing the highest point experienced in devastating flood in 2019. The river level is expected to rise due to continuous rainfall Chiplun, Mahad & Kolhapur has been reeling under massive floods and some **peoples** have lost their lives and some become homeless and overall financial damage of Chiplun, is more than **Countless**.

MAST NGO Volunteers and Local volunteers distribute Biscuits, water bottles, face masks, sanitary napkins (for Women), candles, and matchbox.

.Volunteers of MAST NGO in co-ordination with Local Volunteers use DDT Powder(Dichloro Diphenyl Trichloroethane Powder) to Disinfects surrounding area where health check-up camp is located. As well as disinfect other locations



Objectives

- To prevent excess mortality by impact ,rescue,relief,appropriate health care and Diseases.
- To provide appropriate and timely health care for casualties, malnutrition and comm. Diseases.
- To prevent exposure to adverse climatic and environmental conditions.



Tauktae Cyclone

Tauktae Cyclone was a powerful, deadly and damaging tropical cyclone in the Arabian Sea that became the strongest tropical cyclone to make landfall in the Indian state. Through this project we had addressed that people had faced a lot of issues. They are as follows:

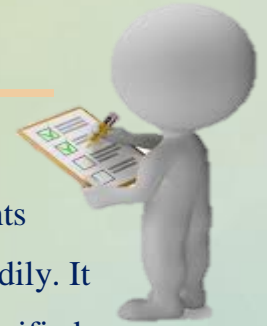
- 1} Families experiencing strong wind cycles during cyclone.
- 2} Heavy rainfall destroying houses and roofs of people near coastline.
- 3} Cyclone results in loss of life and property.
- 4} 8 villages were facing issues in health and wealth conditions.
- 5} People were facing shortage of facilities due to collapsing of transport system.

Taukte Cyclone near Seacoast



5. FUTURE ACTIVITIES

1. Smart Classroom

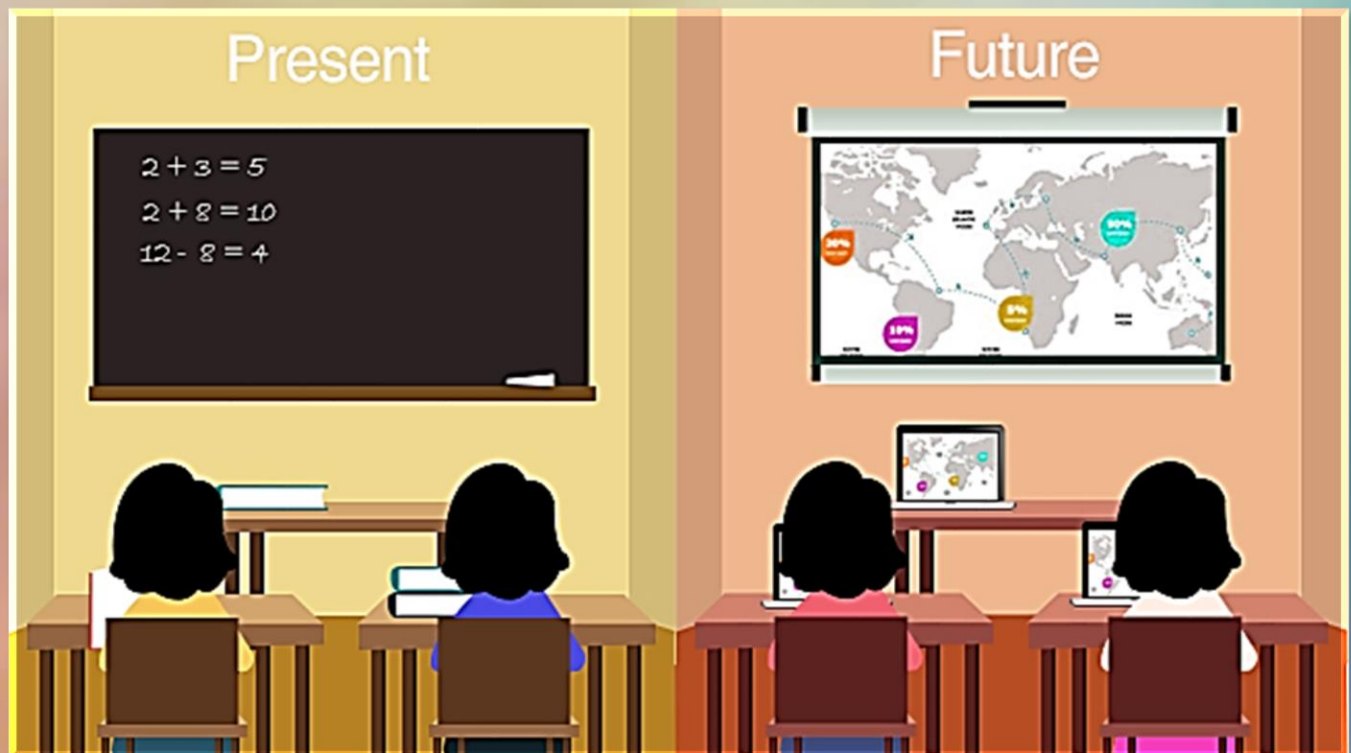


We would agree that digital education enhances the learning experience of students by better engaging their attention and enabling them to grasp concepts more readily. It has changed the way education is imparted – a single query or doubt can be clarified in seconds online, there are innumerable resources available for a child online that add on to the classroom teachings.

Smart Schooling will be executed in 13 schools of Vasind village

Improving creative thinking in the learning process, visualizing the concepts, and practicing with models and demonstrations.

Enabling teachers to access multimedia content and pedagogically sound and visually rich curriculum resources that can be used for efficiently teaching students.



1.2. Objectives of Smart Classroom

- Customizing content as per the School's scheme of work.
- Designing a module of Smart Class, allowing Students to visualize the concept with visuals and animations that they will never forget.
- Helping Teachers to meet new challenges and developing students' abilities and performance.
- Enabling teachers to access multimedia content and pedagogically sound and visually rich curriculum resources that can be used for efficiently teaching students.
- Improving creative thinking in the learning process, visualizing the concepts, and practicing with models and demonstrations.

1.3. Possible Outcome(s) of Smart Classroom:

- Increase Interactive Learning Technology for Students studying in Vasind village Schools.
- Interactive learning class taken by Teachers which results in great impact on students result.
- Interactive learning results reduce the school dropout ratio.
- Teaching Students with Visuals helps physical as well as mental presence in class will also increase.
- The use of technology will help the students to get quality education with less expenditure.
- By using audio/video modules in class, the involvement of students can be made easy. Technology can make them better understand about the concept.
- Activity-based digital learning helps the students to explain the things to present their views and to find the solution.

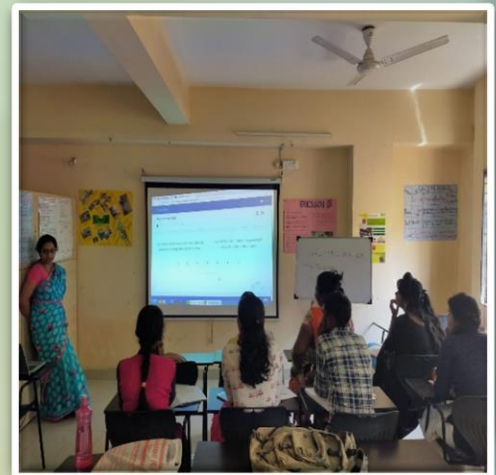
1.4. Smart Classroom Budget

Budget

Sr. No.	Product	Description	Quantity	Amount
A.	Interactive White board device	Brand : Cybernetyx model IX	4	₹ 1,80,000.00/-
	LCD Projector With HDMI Port	Brand : Epson EB-S41 (3300 lm / Wireless) Projector	11	₹ 3,30,000.00/-
	Desktop	Intel i3 Processor 11 th Gen, 4 Gb RAM,CPU, Keyboard and Mouse	14	₹ 5,60,000.00/-
	UPS	V Guard	14	₹ 84,000.00/-
	Router	T P Link	4	₹ 4,000.00/-
B.	HDMI Cable heavy Duty	(10 meter)	11	₹ 11,000.00/-
	Power cable heavy Duty	(10 meter)	11	₹ 11,000.00/-
	Speaker 2.1(with woofer)	Brand : (i Ball 2.1 with woofer)	4	₹ 12,000.00/-
	Syllabus for academic		4	₹ 24,000.00/-
	Projector Screen	(4' x 6' size)	11	₹ 16,500.00/-
	White Board	4' x 6'	11	₹ 93,500.00/-
	Transport and Installation			₹ 84,000.00/-
	Mounting kit	Roof Mounting Kit for Projector	11	₹ 13,200.00/-
	CCTV set up		4	₹ 40,000.00/-
	Printer			₹ 10,000.00/-
	AMC till contract period	5 Year		₹ 30,000.00/-
	5 years Maintenance Cost	5 Year		₹ 4,00,000.00/-
		Sub total		₹ 18,79,200.00/-
C.	Miscellaneous		5%	₹ 95,160.00/-
	Admin		5%	₹ 95,160.00/-
		Grand Total		₹ 20,69,520.00/-

2. E-Learning Project for Youth in Wagholi

- Training the youth and giving the proper career guidance.
- Improving their communication skills and helping them to build proper personality.
- To provide better guidance for youth who are jobless through our training.
- Guiding the Youth systematically and building confidence in them.
- Upon survey, it was discovered that many students/youth from rural area of Wagholi are not able to graduate due to poor economic background.
- There are 90% unskilled youth and Unemployed youth in Wagholi, Pune dist.
- There are some Youth who can get trained in Computer, English, Soft Skills, Personality Development, Retail Management, Financial Literacy and Career Counseling.
- Identifying the children of their areas of expertise and trained them.
- We also found that slowly the adults wished that their children could be educated.
- Got positive response from the people.
- MAST India, with their initiative took upon themselves to spend more time with the locals and inculcating and making aware the value of education to their children



3. NDLM (National Digital Literacy mission)

Under Digital India, National Digital Literacy mission (NDLM) is a campaign that aims to **digitally educate at least one member of every family in rural areas.**

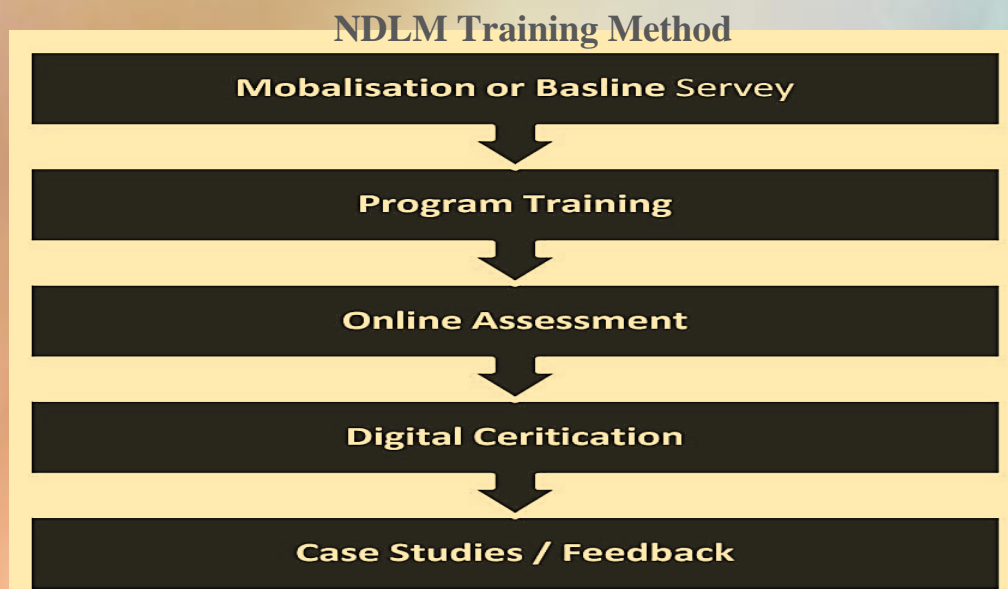
In a unique initiative to empower the people and student with computer skills, city based MAST NGO has launched a new digital literacy programmed. The initiative “MAST” digital literacy program for student and people has been undertaken in view of the existing digital ignorance among people who fail to catch up with the fast growing digital world, organizers say.

"People and student find themselves marginalized and isolated in today's fast paced society. It will certainly help them in connecting themselves with the mainstream and keep them active, socially, physically and psychologically as well, "MAST”, Foundation says.

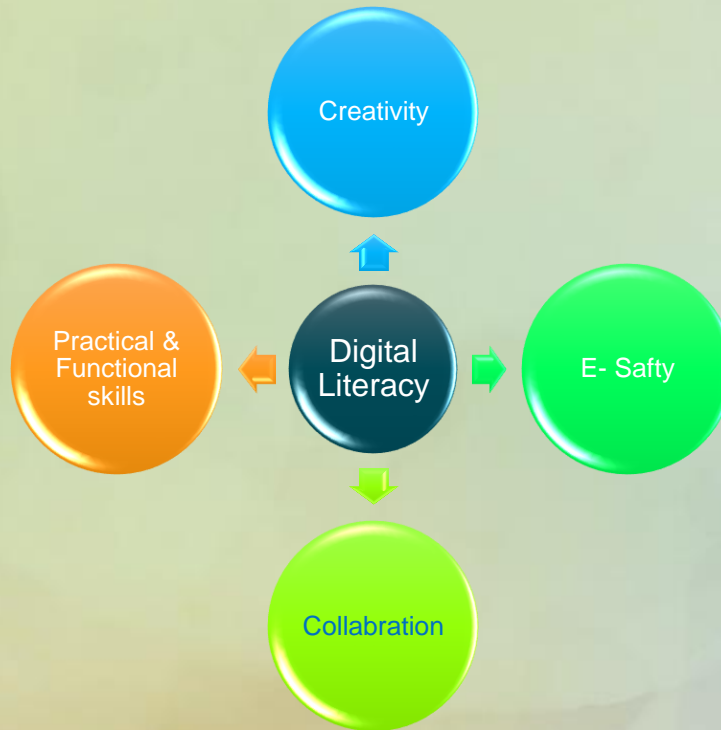
The curriculum of the classes will include usage of basic computer application software like Microsoft office, using the Internet for e-mails, browsing, online shopping and banking.

They will be introduced to the applications popular with the current generation like Skype, Facebook, Twitter and Instagram among other features. In addition, they will also be trained on using other modern day gadgets like smart phones and iPad etc.

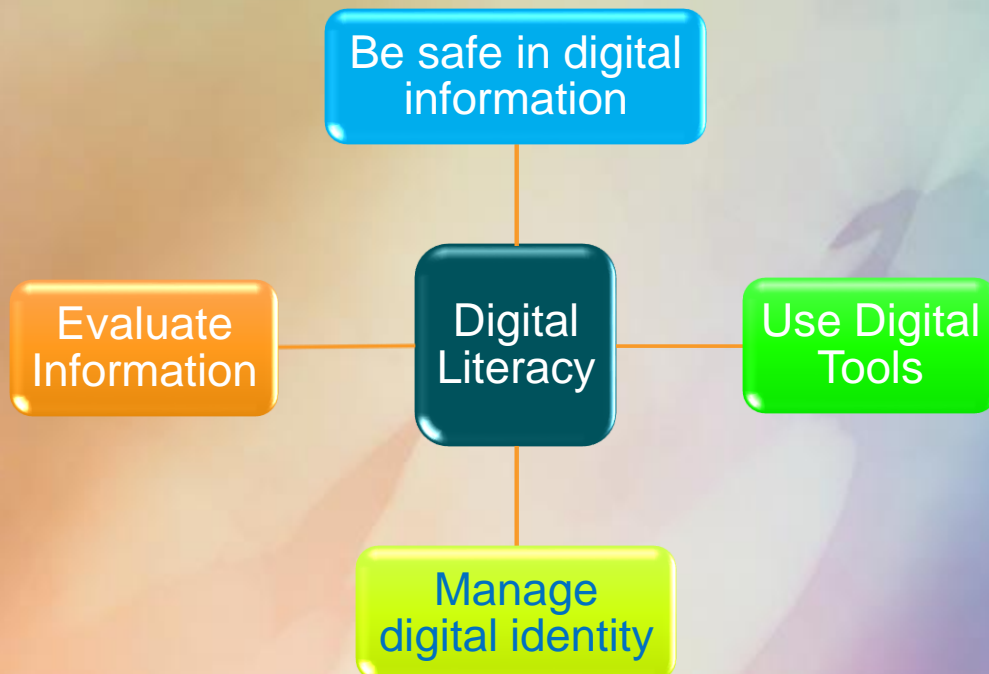
- To create economic, cultural and social advantages for rural communities in India with content and information gateway
- To developed a digital data house at all rural communities to enable them to be economically viable
- The key objective is providing high-speed internet in every part of the country and improving the online infrastructure
- To create digital infrastructure , digital delivery of services and digital literacy



3.1 Human impact of digital literacy



3.2 Functions



3.3 Expected Outcomes of NDLM

There are number of benefits that students undergoing the digital training will avail, escalating the group of nation, as well as the individual, will be supported

- Being IT literate, candidates has able to access all the technologies that will make their daily task easy
- They have directly contributed towards the growth of the nation by becoming an IT literate citizen
- Beneficiary has gain comprehension of using discrete devices like smartphone, tablets, and has been develop a fundamental knowledge about a governance service. this will facilitate them with the easy access to technology
- Promoted entrepreneurship and employability change in approach among youth, including young women.
- Candidate will get the opportunity to avail the benefits of various e-governance services, which otherwise is not possible for them



Classes on basic computer skills

Project done in year 2016-2017



4. Grocery Distribution for needy blind people

4.1 Delivering Happiness

Upon survey, it was discovered that many blind people from rural area of Vangani are not able to buy grocery due to Disability and poor economic background.

Under the Grocery Distribution Campaign There are more than 250 such needy blind families across in Vangani Mumbai, who use to sell toys, sing songs and mostly begging in trains or at the nearby bus stop since the pandemic. Their income has decreased to zero. Blind people are starving daily and don't even have sources of income to buy grocery which can help them to sustained themselves for a few weeks.

We have decided to distribute grocery kits to the families of needy blind people residing across Vangani Mumbai whose lives have been badly affected due to the Covid-19 pandemic.

- Our main goal is to stop the blind poor people from begging in the train.
- Our aim is to provide Sufficient Help that would help sustain a single family for at least ten days.
- Being social volunteers we will conduct a short session explaining people about importance of education and how to survive in today's world.
- To teach them how people live in today's era by getting good education, to motivate them to take in learning education and to find job opportunities for them.

4.2 Present situation of Vangani

- Malnutrition in children's
- Health problems due to drinking contaminated water.
- Environment pollution.
- The low standard of living
- Degraded health conditions
- The little medical facilities available in slums is provided by NGOs

MAST India NGO had taken survey in Vangani Village and have identified their needs.

- Health problem will be solved which are due to being hungry or not getting food on Time.
- They will be no guarantee that someone will come and help them at the end of the month even if they do not get any work.
- With this grocery distribution , they can get relief from Hunger for a few days
- Their children will not have any disease which are caused by starvation and not getting food.
- Their children will not be a victim of malnutrition.



4.3 Expected Outcomes

Blind family children education

- Our survey revealed that there was only one school in the whole area, which charged an admission fee that was in no way affordable to these poor blind beggars.
- Convinced the blind parents that the fees will be provided by Mast India as the education in the early age of a child is very important.
- All the basic necessities will be provided by Mast India NGO.



Budget of E-Learning Nursing

Grocery	Description	Cost of each product / packet given to each family	Total cost for 200 family
Toor dal	We can give them 15 kg tur dal packets	1125	₹ 2,25,000.00/-
Chana dal	We can give them 5 kg Chana dal packets	260	₹ 52,000.00/-
Rice	We can give them 30 kg rice packets	1050	₹ 2,10,000.00/-
Wheat packet	We can give them 30 kg wheat packet	750	₹ 1,50,000.00/-
Oil	We can give them 2ltr oil bottle	400	₹ 80,000.00/-
Spices like Chilli & Turmeric powder	We can provide couple of packets of spices each	50	₹ 10,000.00/-
Transportation cost	Based on situation and type of vehicle		₹ 7,500.00/-
Advertisement cost	Fund required for publicity of program		₹ 5,500.00/-
Total budget -			₹ 7,45,00.00/-

5. E-Learning in Nursing

GENERAL DUTY ASSISTANT



WARD BOY



Objectives of General Duty Assistant

General Duty Assistants, commonly known as Nursing Care Assistants, Nursing Assistants, Nursing Aides, Bedside Assistants or Orderlies are required to take care of patients' daily care, medication, safety and comfort. They are the ones who ensure and maintain a suitable environment for the patients during the recovery period.

Objectives of Ward Boy

Ward boys are primarily responsible for providing care to a patient, an elderly person, and chronically sick person or to a mentally and physically disabled person usually in a hospital or clinic.

Outcomes

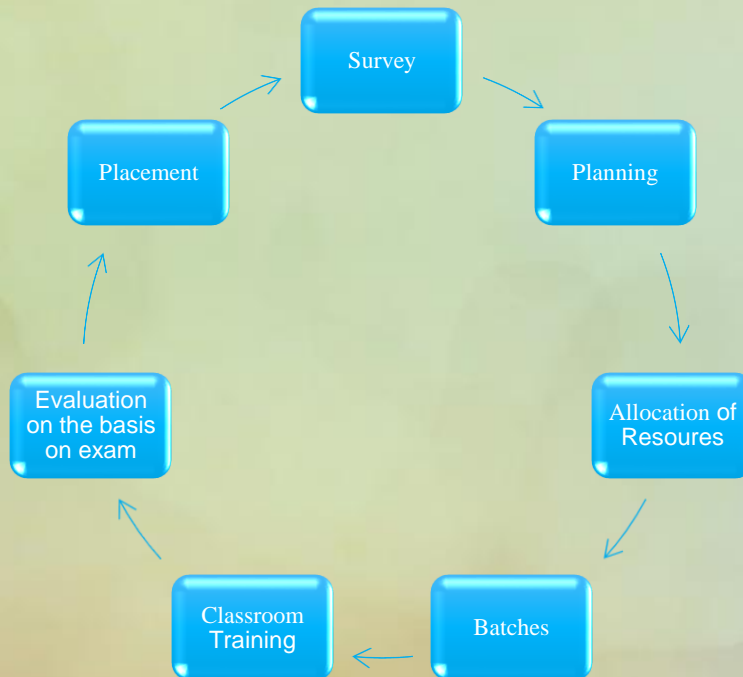
- 1. Trains the youth to become General Duty Assistant and Ward boy aides in private hospitals, nursing homes, and maternity homes.**
- 2. We collaborate with hospitals, nursing homes and other employers to help General Duty Assistant aides find job opportunities.**
- 3. Imparting employable skills to them so that they can live a life of dignity, self-respect and independence. The genesis of ‘Patient Assistant Program lies in the above woes of women.**
- 4. The organization has successfully trained more than 400 GDAs including both men and women, however men opting for this course is really low as compared to women**
- 5. The organization has placed 70% of the trained GDAs and others are still pursuing the course.**
- 6. Students are placed in reputed hospitals.**



BUDGET

Particulars	Count of Unit / Average Cost	Frequency	Unit	Total Year (In INR)
A Pre-operative Cost				
A.1 Center rent	₹ 17,000.00/-	1	1	₹ 17,000.00/-
A.2 Center coordinator cum core employability trainer	₹ 15,000.00/-	1	1	₹ 15,000.00/-
Total				₹ 32,000.00/-
B Operative Cost				
B.1 Computer	₹ 40,000.00/-	1	10	₹ 4,00,000.00/-
B.2 Table	₹ 5,000.00/-	1	10	₹ 50,000.00/-
B.3 Chair	₹ 2,000.00/-	1	20	₹ 40,000.00/-
B.4 Projector/Power Cable heavy	₹ 30,000.00/-	1	1	₹ 30,000.00/-
B.5 Wifi Router	₹ 2,500.00/-	1	1	₹ 2,500.00/-
B.6 Mobilization Cost (Term Wise)	₹ 8,000.00/-	4	1	₹ 32,000.00/-
B.7 Trainee Internet reimbursement(@ 100 per month)	₹ 100.00/-	12	35	₹ 42,000.00/-
B.8 License for Microsoft Teams	₹ 3,000.00/-	12	1	₹ 36,000.00/-
B.9 Workshops and activities (EEP, career counseling sessions, etc.) - Term Wise	₹ 2,500.00/-	4	1	₹ 10,000.00/-
B.10 Honorarium to Instructor - Health Care	₹ 20,000.00/-	12	1	₹ 2,40,000.00/-
B.11 Center coordinator cum core employability trainer	₹ 15,000.00/-	12	1	₹ 1,80,000.00/-
B.12 Centre Rent	₹ 17,000.00/-	12	1	₹ 2,04,000.00/-
B.13 Centre Running Cost (Electricity, Water, Cleaning, internet, telephone and Hygiene)	₹ 4,000.00/-	12	1	₹ 48,000.00/-
B.14 Printing & Stationery/students certificate	₹ 1,500.00/-	12	1	₹ 18,000.00/-
Sub Total				₹ 8,10,000.00/-
Total Cost				₹ 13,64,500.00/-

ACTIVITIES



Duties and Responsibilities of General Duty Assistants

A General Duty Assistant is one of the key players in ensuring that the day-to-day needs of patients are met promptly. Their main roles and responsibilities include:

1. Assist in basic patient care like helping with delivering their daily medication.
2. Dressing and feeding patients, the elderly, or the disabled who are under their care.
3. Helping patients exercise and other physio requirements suggested by therapists.
4. Assisting patients in and out of bed or moving around their rooms.
5. Patient's hygiene and cleanliness.
6. Any extra care that needs to be provided, including housekeeping, and helping maintain a safe environment for patients.

6. SASHAKT KANYA

Goals



**Empowering
Women**

The project will have 4 major goals to be accomplished during the FY: which are as follows:

- 1] To provide sanitary napkins for schools in Ambernath Taluka from Thane.
- 2] To reduce menstrual hygiene problems of young girls in schools.
- 3] To conduct the sanitary napkin distribution for girls through ministry of rural development's sanitation program.
- 4] To aware girls about how to use sanitary napkins in the menstrual cycle.
- 5] To provide booklet for girls to mark the date of menstrual cycle.

OBJECTIVES

- To increase awareness among girls on Menstrual Hygiene.
- To increase access to and use of high quality sanitary napkins by adolescent girls in schools.
- To have a great impact on improving girls attendance and reducing dropout rates in schools.

ACTIVITIES

1. Creating awareness about sanitary napkins:

- Through these activities we have to create awareness among young school girls about sanitary napkins.
- So girls could know how important it is to have adequate hygiene.
- To aware girls about proper disposal of sanitary napkins.

2. Encourage girls to use sanitary napkins:

- Matoshree Sevadham Arogya Seva Trust has to implement sanitary napkins distribution camp for young girls in schools.
- Matoshree Sevadham Arogya Seva Trust has to provide sanitary napkins in different village schools for sustainable use.

3. Provide sanitary napkins along with pocket calendar:

- To educate them about hygiene aspects and care needed in menstrual cycles.
- To restore confidence in them resolving their problems with a perfect solution to it
- To provide sanitary napkins to girls along with pocket calendar.
- 4-5 sanitary napkins will be provided to one girl each month in schools.
- To monitor that distribution of sanitary napkins are done properly.



Parikshanshala Project

The Science based activities help students to develop literacy skills. Science activities stimulate curiosity, provide practical opportunities to explore a concept in easy ways, develop appropriate science understanding of the concepts

Teachers were not satisfied to their storage rooms for apparatus. Teachers were not satisfied to the safety equipment's in their labs. In schools the teachers were not satisfied to their use of lab during teaching the science subjects. Findings about the problems faced by teachers in conducting practical. In schools the teachers were not able to conduct practical due to their small labs.



In schools the teachers were not able to conduct practical due to no allocation of periods for practical in time table. Science experiments are vital for kids. They are useful in understanding the theories and concepts of science that cannot be studied alone only by science textbooks. But science labs are risky so some safety rules must be followed to avoid accidents and injuries.



MAST India NGO

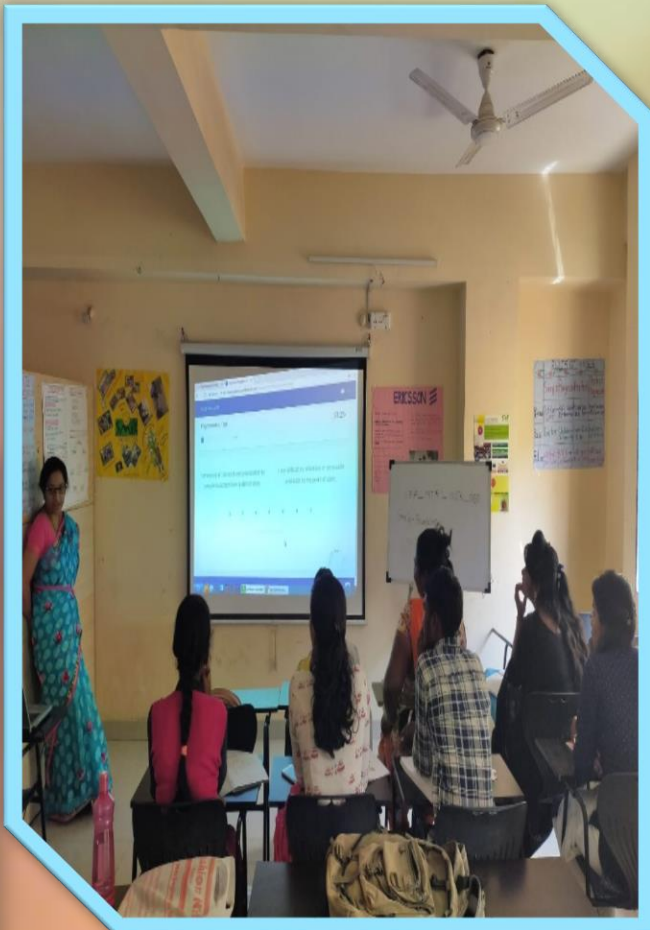
Goal:

A laboratory is always considered as relevant and essential part so far as the teaching of Science and allied subjects are concerned.

The goal of this project is every school must have laboratories where students can perform researches, experiments or even learn new things with the help of internet facility.

Keeping in mind the need and essentiality of gaining knowledge by experimenting and the importance of technology in today's world, these laboratories have new equipment and computers for students to have better learning.

For better experiments schools does offer a variety of equipment's to understand the writing of science books in a better way.



6. LIVELIHOOD PROJECT

- It consists of E- learning Project in Mumbai. This CSR Project is implemented at Mumbai Maharashtra.
- In this project MAST had provided training about Retail Management, Basic English, Basic Computer, Personality Development and many more.
- Upon survey, it was discovered that many students/youth from rural area of Wagholi are not able to graduate due to poor economic background.
- Completing school education in itself is a big feat for these children.
- Therefore, getting a well-paying job upon graduation is a necessity in most cases as the family cannot afford to continue to invest in further education.
- The social pressure on girls to drop from school or college is higher due to the early marriage factor.
- Enhancing Livelihood for the destitute.
- Enhancing career prospects for the underprivileged youth.
- It is an effort towards bridging the gap between demand and supply of skilled manpower in the fast emerging services and retail sectors of modern India.
- This national level programmer through its **livelihood projects** trains the poor and underprivileged youth in English Proficiency, Basic Computer Education and Soft Skills for enhancing their prospects of employment in the fast expanding retail, hospitality and BPO sectors.
- So far, **96%** successfully completed training, **61%** of the total youth beneficiaries **were girls.**

7. PARTICIPATIVE VOLUNTEERS

TRAINEE TEAM

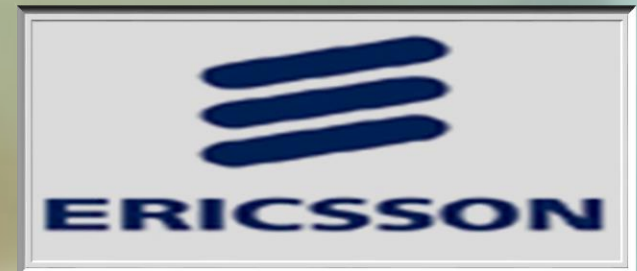
NAME : Sumit Shinde, Syed Rehan Abbas,
Akshay Supalkar, Swapnil Rupawate,
Prasad Zagade, Anas Ansari,
Nivedita Mallick, Pooja Dhoke,
Sejal Mahadik, Riddhi Gosar,
Raj Shinde, Megha Adsare,
Chetan Satti, Rohit Waghmare,
Rinky Chavan, Namrata Jadhav,
Anas Ansari, Prasad Zagade.

JOIN DATE : 25th April 2022.



8. OUR PARTNERS

Our Corporate partner



Our Associate partners



9. OUR INTERNATIONAL PARTNER



Janet Robinson,
FIBS
Director,
Laboratory Sciences,
Infectious Diseases and
Health Systems Department.



**Mast India Ngo has an International Partnership
With fhi360 to Support on rural base Project.**

**Miss. Janet Robinson Appreciated MAST India
Foundation for the Marvelous work done in rural
areas**

10. OUR ACHIEVEMENTS

Indira Gandhi Priyadarshini Award.

International Intellectual Development Award.

Asia Pacific International Award.

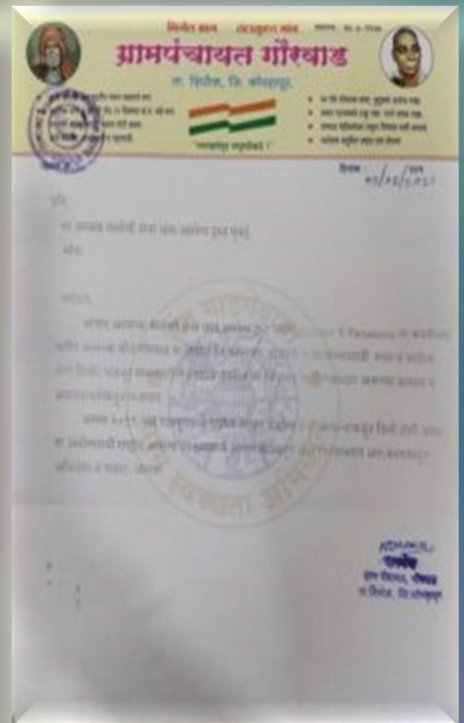
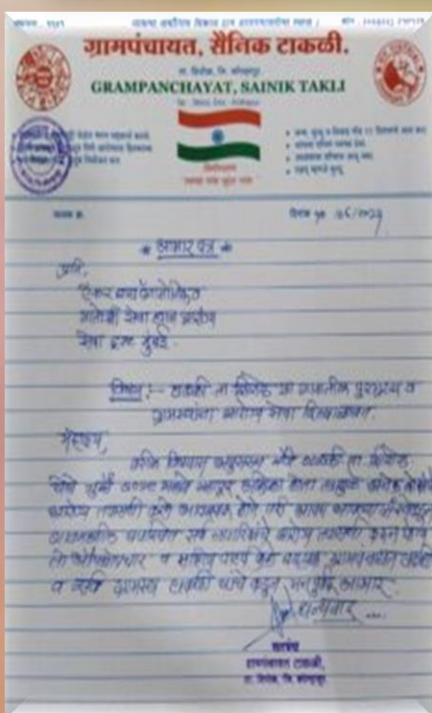
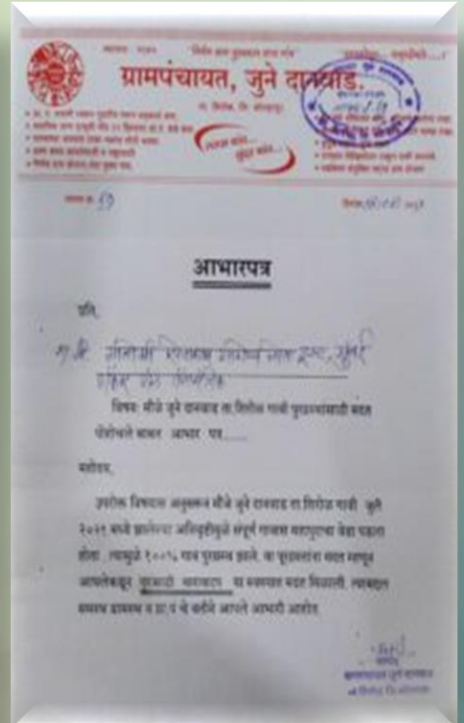
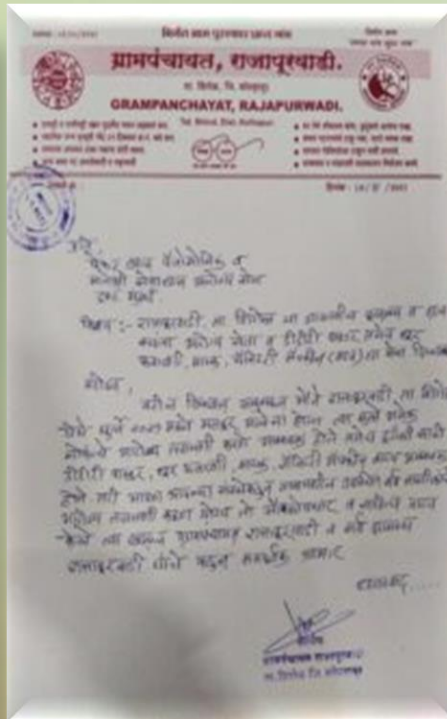
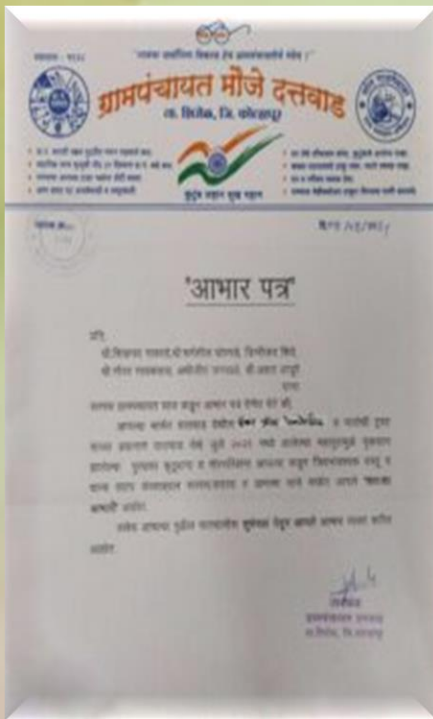


Felicitation from Goa state chief minister Pratapsingh Rane for Nobel work in Healthcare Sector.

Samajratn Award from Saksham Santha Nagpur.



11. TESTIMONIALS



12. OUR TEAM

BOARD OF TRUSTEE'S



AMIT SHANTARAM BANE.
(CHIEF TRUSTEE)



MANOJCHAVAN.
(TRUSTEE)

- Nilam Shantaram Bane (Trustee)
- Vinod Ramchandra Shinde (Trustee)
- Lokesh Birari. (Trustee)
- Manoj Vishwanath Indulkar (Trustee)
- Archana Parag kadam Khanvilkar (Trustee)
- Laxman Kanyalkar. (Trustee)
- Alpesh Jain. (Trustee)
- Ashish Shantaram Bane. (Trustee)
- Ajit Vijay Kadam. (Trustee)

OUR TEAM- FRONTLINE:-

- Vinayak V Hadge. (Chief Fundraising & Communication Officer).
- Aksay Satam. (Project Coordinator & Social Media Executive).
- Amit Harmalkar. (Project Coordinator - CSR).
- Chandrakant Deshmukh (Development Consultant)
- Trilokinath Pandey (Internal Auditor)

Goa Region

- **Tanuja Khanolkar**
- **Prasad Gaokar**
- **Sindhudurg Region**
- **Saroj Naik**
- **Pritesh Rawool**
- **Nilesh Chamankar**
- **Pratik Prashant Prabhu Moye**
- **Janardan Bhandari**
- **Sudarshan Rawool**
- **Rajesh Pawaskar**
- **Rajesh Parab**
- **Sachin Mulik**

Ratnagiri Region

- **Arvind Maladkar** (Chairman)
- **Bipin Shinde** (Vice Chairman)
- **Anirudha Khamkar** (Secretary)
- **Ajit Patil** (Member)

Healthcare Committee

- **Sunil Mulik** (Manager - Medical Camp)
- **Kashinath Patade** (Camp Organizer)
- **Jaywant Mulik** (Camp Organizer)
- **Sanjay Dewoolkar** (Assistant)
- **Uttej Parab** (Camp Organizer)
- **Ganesh Mormare** (Camp Organizer)
- **Ravindra Rane** (Assistant)

OUR ADVISORS:-

- **RenukaShahane.** (Actor/ Director).
- **AvadhootGupte.** (Singer).
- **SwapnilBandodkar.** (Singer).
- **Dr. PramodSawant.** (MLA, Sanquelim- Goa).
- **Santosh Juvekar.** (Actor).
- **Sanjay Mandlik.** (Vice President, Anchor Panasonic).



Registered Address, Rajgad, Datar Colony, Near Janakalyan Bank Ltd., Hanuman Mandir Road, Bhandup (E), Mumbai -400 042.

This is statutory annual report and the information contained herein is based on the data available with Matoshree Sevadham Arogya Seva Trust. Although due to a fire breakout in Dreams Mall some of the data is been vanished, Our Team have taken efforts to provide accurate information by restoring the lost data, Matoshree Sevadham Arogya Seva Trust guaranteed the accuracy of the information it be held responsible for any discrepancies and inaccuracies.

The photographs, if any, appearing in the Annual Report are taken from various projects run by Matoshree Sevadham Arogya Seva Trust or its associated entities and recovered data from the burned Hard Disk. All these photographs are used in this Annual Report for illustration purposes only and should not be considered as endorsements of any nature by any individual appearing in these photographs. All the Copyright are owned by Matoshree Sevadham Arogya Seva Trust (MAST NGO) the same is duly acknowledged and mentioned in the document.

Our Website :- www.mastindia.org

